

**PILLAR 1**

## Healthy People

Focusing on the wellbeing experience and resilience of our people

FACTORS

---

Psychological and Social Supports

---

Psychological Protection



**PILLAR 3**

## Healthy Organization

Embedding a culture of wellbeing in all spheres of the Canadian Red Cross

FACTORS

---

Protection of Physical Safety

---

Civility and Respect

---

Workload Management

---

Engagement

---

Psychological Competencies and Requirements

---

Organizational Culture

**PILLAR 2**

## Healthy Teams

Prioritizing of wellbeing by all personnel, championed by Leadership commitment

FACTORS

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Clear Leadership and Expectations

---

Recognition and Reward

---

Balance of Work and Life

---

Involvement and Influence

---

Growth and Development



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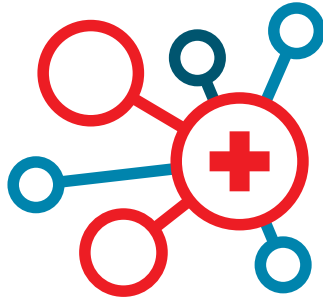
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