

Mask use alone will not prevent transmission of COVID-19



Remember to:

- Keep at least 1m distance from others
- Wash your hands with soap and water regularly
- Avoid touching the mask or face

Wear a medical mask if:

- you have symptoms of COVID-19
- you are taking care of COVID-19 patients
- you are 60 or older or you have other health conditions

Wear a cloth mask if:

- recommended by local authorities
- you cannot maintain physical distancing or other protective measures
- you are in an area where people are falling ill with COVID-19



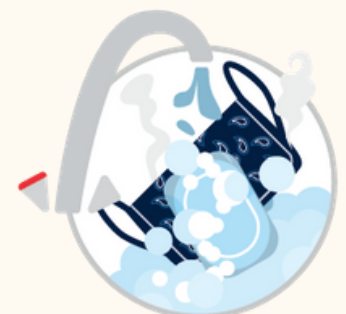
Do not touch the mask



Remove the mask from the back without touching the front



Always replace the mask when it becomes damp. Never reuse a single use mask



Wash your cloth masks with soap and hot water (at least 60 degrees) daily.