

7 Fundamental Principles	Fundamental Principles components	Related humanitarian values	7 Personal skills
Humanity	<ul style="list-style-type: none"> <li>Alleviate and prevent suffering</li> <li>Protect life and health</li> <li>Ensure respect for and protection of the individual</li> </ul>	<ul style="list-style-type: none"> <li>Active goodwill and care</li> <li>Protection of human dignity and well-being</li> <li>Mutual understanding and peace</li> </ul>	<ul style="list-style-type: none"> <li>– Empathy</li> <li>– Active listening</li> <li>– Critical thinking and non-judgement</li> <li>– Non-violent communication</li> <li>– Collaborative negotiation and mediation</li> <li>– Personal resilience</li> <li>– Inner peace</li> </ul>
Impartiality	<ul style="list-style-type: none"> <li>Non-discrimination</li> <li>Actions are solely guided by needs, proportional to the degree of suffering and prioritised on the basis of urgency</li> <li>No individual action or decision on the basis of prejudice or personal preference</li> </ul>	<ul style="list-style-type: none"> <li>Equality of rights, equity of treatment</li> <li>Respect for diversity and openness</li> <li>Objectivity and accountability</li> </ul>	
Neutrality	<ul style="list-style-type: none"> <li>Based on the need to build and maintain the trust of all</li> <li>No taking sides in armed conflicts</li> <li>No engagement in controversies of a political, racial, religious or ideological nature</li> </ul>	<ul style="list-style-type: none"> <li>Confidence (trust)</li> <li>Self-control and discipline</li> <li>Freedom of action and objectivity</li> </ul>	
Independence	<ul style="list-style-type: none"> <li>Not letting political, economic, social, religious or financial pressure interfere with Red Cross Red Crescent position or action</li> <li>Auxiliary to public authorities respecting the country's legislation</li> <li>Maintain autonomy to be able to act in accordance with the Fundamental Principles</li> </ul>	<ul style="list-style-type: none"> <li>Sovereignty and freedom of action</li> <li>Co-operation</li> <li>Integrity and transparency</li> </ul>	
Voluntary service	<ul style="list-style-type: none"> <li>Freely accepted commitment</li> <li>No desire for gain</li> <li>Selflessness</li> </ul>	<ul style="list-style-type: none"> <li>Spirit of altruism and generosity</li> <li>Spirit of service and humility</li> <li>Spirit of responsibility and discipline</li> </ul>	
Unity	<ul style="list-style-type: none"> <li>One National Society per country</li> <li>Open to all</li> <li>Active in entire country</li> </ul>	<ul style="list-style-type: none"> <li>One Red Cross Red Crescent (Movement)</li> <li>Diversity and inclusiveness</li> <li>Harmony and cohesion</li> </ul>	
Universality	<ul style="list-style-type: none"> <li>Global mission</li> <li>Equality of National Societies</li> <li>Solidarity</li> </ul>	<ul style="list-style-type: none"> <li>Openness to all in the world</li> <li>Co-operation</li> <li>Mutual assistance</li> </ul>	